



Having studied and taught a variety of natural health modalities and therapies, Patricia Bowden-Luccardi has been a lifetime student of integrative health and wellness.

For over 25 years she has been teaching and providing private consultations on health protocols customized to her clientele's personal needs.

During the past twelve years, Patricia has focused her expertise on the natural prevention of breast cancer. She is a professional advocate and practitioner for the promotion of radiation-free thermography.

Her public seminars and lectures are designed to educate women about the serious health risks of environmental toxins, endocrine disruptors, and breast cancer. Her natural protocols including diet, plant-based supplementation and lifestyle changes have revealed extraordinary results that have been later visibly confirmed by thermographic imaging.

Patricia holds licensed certifications in Thermographic Technology, Clinical Massage Therapy, Food as Medicine, and Whole Health Education™ and lifestyle and wellness logy coaching. A member of Professional Academy of Clinical Thermology She authored the book Thermography and the Fibrocystic and Dense Breast, a Radiation-Free Guide to Happy Healthy Breasts.

Earlier, she was a Neuromuscular Therapist and Breath Educator at Canyon Ranch Medical Spa in Lenox, MA. Patricia has lectured widely to professionals in the medical field and the public.

Her speaking venues have included, but are not limited to:

- Designs for Health
- Science of Human Optimization
- 92nd StY NYC
- NYC Health Expo

- Breast Cancer Options
- Beth Israel Medical
- Cornell University Extension
- The Beljanski Foundation

To hire Patricia as a speaker or learn more about thermography, please visit: www.PatriciaLuccardi.com

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